

# Convexity, Local and Global Optimality, etc.

## Recap: Some Interesting Connections in $\mathbb{R}^n$

- 1 The closure of a set is the smallest closed set containing the set. The closure of a closed set is the set itself.
- 2  $\mathcal{S}$  is closed if and only if  $\text{closure}(\mathcal{S}) = \mathcal{S}$ .
- 3 A bounded set can be defined in terms of a closed set; A set  $\mathcal{S}$  is bounded if and only if it is contained strictly inside a closed set.
- 4 A relationship between the interior, boundary and closure of a set  $\mathcal{S}$  is  $\text{closure}(\mathcal{S}) = \text{int}(\mathcal{S}) \cup \partial(\mathcal{S})$ .

# Extending Open, Closed sets, Boundary, Interior, etc to Topological Sets

## This is for Optimal Reading

- 1 Recap: Open Set follows from Definition 1 of Topology. Neighborhood follows from Definition 2 of Topology. **By this definition, can point in interior be limit point**
- 2 **Limit Point:** Let  $S$  be a subset of a topological set  $X$ . A point  $x \in X$  is a limit point of  $S$  if every neighborhood of  $x$  contains at least one point of  $S$  different from  $x$  itself.
  - ▶ If  $X$  has an associated metric  $d$  and  $S \subseteq X$  then  $x \in S$  is a limit point of  $S$  iff  $\forall \epsilon > 0, \{y \in S \text{ s.t. } 0 < d(y, x) < \epsilon\} \neq \emptyset$ .
- 3 **Closure of  $S$**  =  $\text{closure}(S) = S \cup \{\text{limit points of } S\}$ .
- 4 **Boundary  $\partial S$  of  $S$ :** Is the subset of  $S$  such that every neighborhood of a point from  $\partial S$  contains at least one point in  $S$  and one point not in  $S$ .
  - ▶ If  $S$  has a metric  $d$  then:  
$$\partial S = \{x \in S \mid \forall \epsilon > 0, \exists y \text{ s.t. } d(x, y) < \epsilon \text{ and } y \in S \text{ and } \exists z \text{ s.t. } d(x, z) < \epsilon \text{ and } z \notin S\}$$
- 5 **Open set  $S$ :** Does not contain any of its boundary points
  - ▶ If  $X$  has an associated metric  $d$  and  $S \subseteq X$  is called open if for any  $x \in S, \exists \epsilon > 0$  such that given any  $y \in S$  with  $d(y, x) < \epsilon, y \in S$ .
- 6 **Closed set  $S$ :** Has an open complement  $S^C$

## Revisiting Example for Local Extrema

Figure below shows the plot of  $f(x_1, x_2) = 3x_1^2 - x_1^3 - 2x_2^2 + x_2^4$ . As can be seen in the plot, the function has several local maxima and minima.

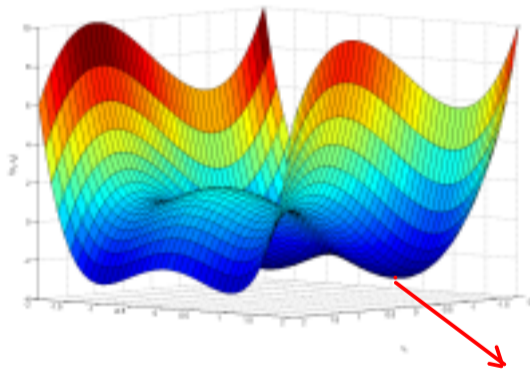


Figure 1:

A local min

# Convexity and Global Minimum

Fundamental characteristics: **Let us now prove them**

- ① Any point of local minimum point is also a point of global minimum.
- ② For any strictly convex function, the point corresponding to the global minimum is also unique.

## Convexity: Local and Global Minimum

### Theorem

Let  $f: \mathcal{D} \rightarrow \mathbb{R}$  be a convex function on a convex domain  $\mathcal{D}$ . Any point of locally minimum solution for  $f$  is also a point of its globally minimum solution.

*Proof:* Suppose  $\mathbf{x} \in \mathcal{D}$  is a point of local minimum and let  $\mathbf{y} \in \mathcal{D}$  be a point of global minimum. Thus,  $f(\mathbf{y}) < f(\mathbf{x})$

We are trying to prove by contradiction that a  $\mathbf{y}$  different from  $\mathbf{x}$  cannot exist

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$$\forall \mathbf{z} \in \mathcal{D}, \|\mathbf{z} - \mathbf{x}\| < \epsilon \Rightarrow f(\mathbf{z}) \geq f(\mathbf{x})$$

Consider a point  $\mathbf{z}$  lying on the line segment joining  $\mathbf{x}$  and  $\mathbf{y}$  but lying inside the epsilon disc.  
We show that  $f(\mathbf{z}) < f(\mathbf{x})$  contradicting the assumption that  $\mathbf{x}$  was a local min in the epsilon disc



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Consider a point  $\mathbf{z} = \theta\mathbf{y} + (1 - \theta)\mathbf{x}$  with  $\theta = \frac{\epsilon}{2\|\mathbf{y} - \mathbf{x}\|}$ . Since  $\mathbf{x}$  is a point of local minimum (in a ball of radius  $\epsilon$ ), and since  $f(\mathbf{y}) < f(\mathbf{x})$ , it must be that

We have shown a specific value for theta when we assume a norm

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## Convexity: Local and Global Minimum (contd.)

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## Convexity: Local and Global Minimum (contd.)

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Since  $f(\mathbf{y}) < f(\mathbf{x})$ , we also have

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The two equations imply that

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The two equations imply that  $f(\mathbf{z}) < f(\mathbf{x})$ , which contradicts our assumption that  $\mathbf{x}$  corresponds to a point of local minimum. That is  $f$  cannot have a point of local minimum, which does not coincide with the point  $\mathbf{y}$  of global minimum.  $\square$

Since any locally minimum point for a convex function also corresponds to its global minimum, we will drop the qualifiers 'locally' as well as 'globally' while referring to the points corresponding to minimum values of a convex function.

# Strict Convexity and Uniqueness of Global Minimum

For any strictly convex function, the point corresponding to the global minimum is also unique, as stated in the following theorem.

## Theorem

*Let  $f: \mathcal{D} \rightarrow \mathbb{R}$  be a strictly convex function on a convex domain  $\mathcal{D}$ . Then  $f$  has a unique point corresponding to its global minimum.*

*Proof:* Suppose  $\mathbf{x} \in \mathcal{D}$  and  $\mathbf{y} \in \mathcal{D}$  with  $\mathbf{y} \neq \mathbf{x}$  are two points of global minimum. That is  $f(\mathbf{x}) = f(\mathbf{y})$  for  $\mathbf{y} \neq \mathbf{x}$ . The point  $\frac{\mathbf{x}+\mathbf{y}}{2}$  also should lie in  $\mathcal{D}$

Proof by contradiction

## Strict Convexity and Uniqueness of Global Minimum

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### Theorem

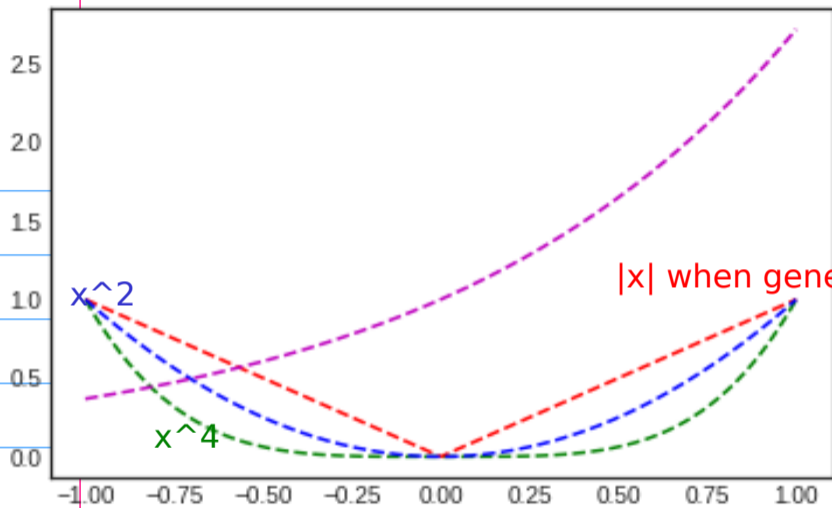
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$$\underline{f\left(\frac{\mathbf{x}+\mathbf{y}}{2}\right)} < \frac{1}{2}f(\mathbf{x}) + \frac{1}{2}f(\mathbf{y}) = \underline{f(\mathbf{x})}$$

which is a contradiction. Thus, the point corresponding to the minimum of  $f$  must be unique. □





It is possible that a convex function is NOT strictly convex and yet it has a unique global minimum

# Convexity and Differentiability

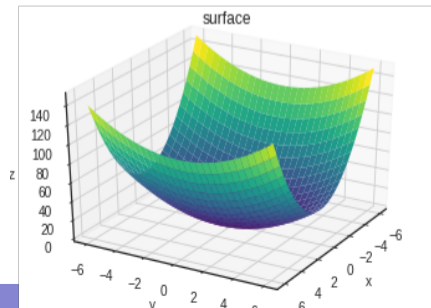
- 1 Recap for differentiable  $f: \mathfrak{R} \rightarrow \mathfrak{R}$  the equivalent definition of convexity

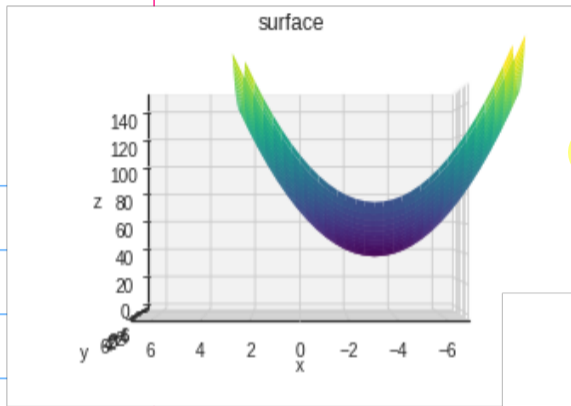
A nondecreasing  $f'$

# Convexity and Differentiability

- 1 Recap for differentiable  $f: \mathbb{R} \rightarrow \mathbb{R}$  the equivalent definition of convexity
- 2 What would be an equivalent notion of differentiability and convexity for  $f: \mathbb{R}^n \rightarrow \mathbb{R}$ ?
- 3 What will be critical points? First and second order necessary (and sufficient) conditions for local and global optimality?

$$3x^2 - x + y^2$$

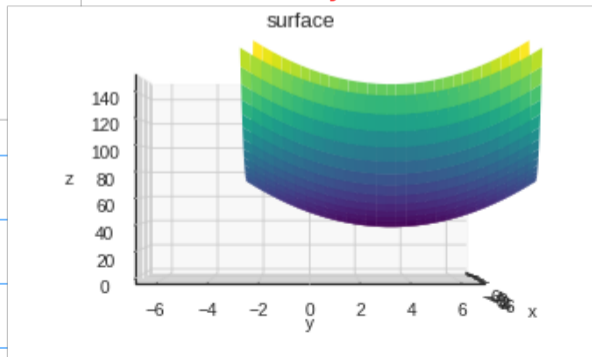


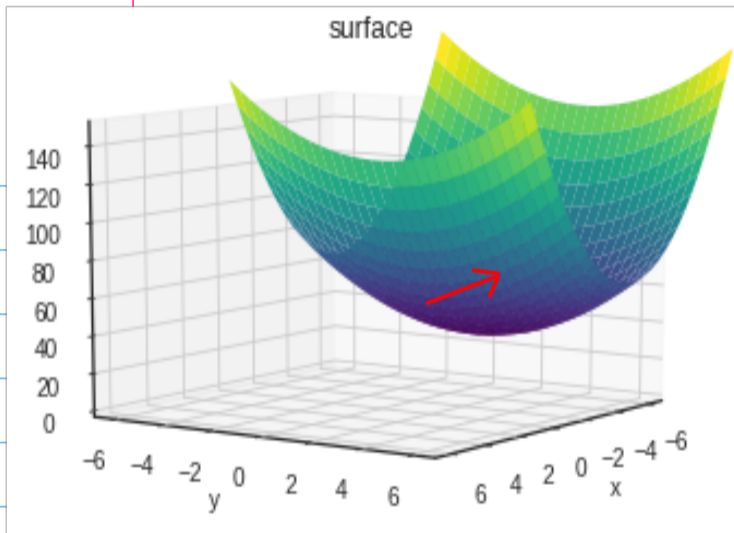


View from x-axis

In both views, I find that the convexity of the function is reflected in the non-decreasing nature of the derivatives along the respective axis (directions)

View from y-axis





How about convexity  
in an arbitrary  
direction?

Expect the directional  
derivative of the  
convex function  
to be non-decreasing  
along EVERY direction

Is there a more compact mathematical expression for this?

# Optimization Principles for Multivariate Functions

In the following, we state some important properties of convex functions, some of which require knowledge of 'derivatives' in  $\mathbb{R}^n$ . These also include relationships between convex functions and convex sets, and first and second order conditions for convexity.

# The Direction Vector

- Consider a function  $f(\mathbf{x})$ , with  $\mathbf{x} \in \mathbb{R}^n$ .
- We start with the concept of the direction at a point  $\mathbf{x} \in \mathbb{R}^n$ .
- We will represent a vector by  $\mathbf{x}$  and the  $k^{\text{th}}$  component of  $\mathbf{x}$  by  $x_k$ .
- Let  $\mathbf{u}^k$  be a unit vector pointing along the  $k^{\text{th}}$  coordinate axis in  $\mathbb{R}^n$ ;
- $u_k^k = 1$  and  $u_j^k = 0, \forall j \neq k$
- An arbitrary direction vector  $\mathbf{v}$  at  $\mathbf{x}$  is a vector in  $\mathbb{R}^n$  with unit norm (i.e.,  $\|\mathbf{v}\| = 1$ ) and component  $v_k$  in the direction of  $\mathbf{u}^k$ .

## Directional derivative and the gradient vector

Let  $f: \mathcal{D} \rightarrow \mathbb{R}$ ,  $\mathcal{D} \subseteq \mathbb{R}^n$  be a function.

### Definition

**[Directional derivative]:** The *directional derivative* of  $f(\mathbf{x})$  at  $\mathbf{x}$  in the direction of the unit vector  $\mathbf{v}$  is



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$$D_{\mathbf{v}}f(\mathbf{x}) = \lim_{h \rightarrow 0} \frac{f(\mathbf{x} + h\mathbf{v}) - f(\mathbf{x})}{h} \quad (1)$$

provided the limit exists.

## Directional Derivative

As a special case, when  $\mathbf{v} = \mathbf{u}^k$  the directional derivative reduces to the partial derivative of  $f$  with respect to  $x_k$ .

$$D_{\mathbf{u}^k} f(\mathbf{x}) = \frac{\partial f(\mathbf{x})}{\partial x_k}$$

### Claim

*If  $f(\mathbf{x})$  is a differentiable function of  $\mathbf{x} \in \mathbb{R}^n$ , then  $f$  has a directional derivative in the direction of any unit vector  $\mathbf{v}$ , and*

$$D_{\mathbf{v}} f(\mathbf{x}) = \sum_{k=1}^n \frac{\partial f(\mathbf{x})}{\partial x_k} v_k \quad (2)$$

## Directional Derivative: Simplified Expression

Define  $g(h) = f(\mathbf{x} + \mathbf{v}h)$ . Now:

- $g'(0) = \mathbf{f}'(\mathbf{x} + \mathbf{v}h)$  evaluated at  $h=0$

A more formal derivation  
of Directional derivative  
as dot product of gradient  
with vector  $\mathbf{v}$

## Directional Derivative: Simplified Expression

Define  $g(h) = f(\mathbf{x} + \mathbf{v}h)$ . Now:

- $g'(0) = \lim_{h \rightarrow 0} \frac{g(0+h) - g(0)}{h} = \lim_{h \rightarrow 0} \frac{f(\mathbf{x} + h\mathbf{v}) - f(\mathbf{x})}{h}$ , which is the expression for the directional derivative defined in equation 1. Thus,  $g'(0) = D_{\mathbf{v}}f(\mathbf{x})$ .
- By definition of the chain rule for partial differentiation, we get another expression for  $g'(0)$  as

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- By definition of the chain rule for partial differentiation, we get another expression for  $g'(0)$  as

$$g'(0) = \sum_{k=1}^n \frac{\partial f(\mathbf{x})}{\partial x_k} v_k$$

Therefore,  $g'(0) = D_{\mathbf{v}}f(\mathbf{x}) = \sum_{k=1}^n \frac{\partial f(\mathbf{x})}{\partial x_k} v_k$  □

Homeworks:

- 1 Consider the polynomial  $f(x, y, z) = x^2y + z \sin xy$  and the unit vector  $\mathbf{v}^T = \frac{1}{\sqrt{3}}[1, 1, 1]^T$ . Consider the point  $p_0 = (0, 1, 3)$ . Compute the directional derivative of  $f$  at  $p_0$  in the direction of  $\mathbf{v}$ .
- 2 Compute the rate of change of  $f(x, y, z) = e^{xyz}$  at  $p_0 = (1, 2, 3)$  in the direction from  $p_1 = (1, 2, 3)$  to  $p_2 = (-4, 6, -1)$ .

## Illustrating Computation of Directional Derivative

- Consider the polynomial  $f(x, y, z) = x^2y + z\sin xy$  and the unit vector  $\mathbf{v}^T = \frac{1}{\sqrt{3}}[1, 1, 1]^T$ . Consider the point  $p_0 = (0, 1, 3)$ . We will compute the directional derivative of  $f$  at  $p_0$  in the direction of  $\mathbf{v}$ .

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- To do this, we first compute the gradient of  $f$  in general:  
$$\nabla f = [2xy + yz \cos xy, x^2 + xz \cos xy, \sin xy]^T.$$

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$$\nabla f = [2xy + yz \cos xy, x^2 + xz \cos xy, \sin xy]^T.$$
- Evaluating the gradient at a specific point  $p_0$ ,  $\nabla f(0, 1, 3) = [3, 0, 0]^T$ . The directional derivative at  $p_0$  in the direction  $\mathbf{v}$  is  $D_{\mathbf{v}}f(0, 1, 3) = [3, 0, 0] \cdot \frac{1}{\sqrt{3}}[1, 1, 1]^T = \sqrt{3}$ .
- This directional derivative is the rate of change of  $f$  at  $p_0$  in the direction  $\mathbf{v}$ ; it is positive indicating that the function  $f$  increases at  $p_0$  in the direction  $\mathbf{v}$ .



## More on the Gradient Vector

- All our ideas about first and second derivative in the case of a single variable carry over to the directional derivative.
- What does the gradient  $\nabla f(\mathbf{x})$  tell you about the function  $f(\mathbf{x})$ ? While there exist infinitely many direction vectors  $\mathbf{v}$  at any point  $\mathbf{x}$ , there is a unique gradient vector  $\nabla f(\mathbf{x})$ .
- Since we expressed  $D_{\mathbf{v}}f(\mathbf{x})$  as the dot product of  $\nabla f(\mathbf{x})$  with  $\mathbf{v}$ , we can study  $\nabla f(\mathbf{x})$  independently.

The gradient vector as a canonical representation of the directional derivative but expressed independent of any direction needs some insight (geometrical as well)

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### Claim

Suppose  $f$  is a differentiable function of  $\mathbf{x} \in \mathbb{R}^n$ . The maximum value of the directional derivative  $D_{\mathbf{v}}f(\mathbf{x})$  is  $\|\text{gradient of } f(\mathbf{x})\|$  assuming  $\mathbf{v}$  has unit L2 norm. Proof?

Will depend in general on the norm under which  $\mathbf{v}$  has a unit value  
Steepest descent algorithm translates to a different direction for each different choice of the norm

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## More on the Gradient Vector (contd.)

*Proof:*

- The *cauchy schwartz inequality* when applied in the euclidian space gives us  $|\mathbf{x}^T \mathbf{y}| \leq \|\mathbf{x}\| \|\mathbf{y}\|$  for any  $\mathbf{x}, \mathbf{y} \in \mathfrak{R}^n$ , with equality holding *iff*  $\mathbf{x}$  and  $\mathbf{y}$  are in the same direction

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- The inequality gives upper and lower bounds on the dot product between two vectors;  
 $-\|\mathbf{x}\| \|\mathbf{y}\| \leq \mathbf{x}^T \mathbf{y} \leq \|\mathbf{x}\| \|\mathbf{y}\|.$
- Applying these bounds to the right hand side of (??) and using the fact that  $\|\mathbf{v}\| = 1$ , we get

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- The inequality gives upper and lower bounds on the dot product between two vectors;  $-\|\mathbf{x}\| \|\mathbf{y}\| \leq \mathbf{x}^T \mathbf{y} \leq \|\mathbf{x}\| \|\mathbf{y}\|$ .
- Applying these bounds to the right hand side of (??) and using the fact that  $\|\mathbf{v}\| = 1$ , we get

$$-\|\nabla f(\mathbf{x})\| \leq D_{\mathbf{v}} f(\mathbf{x}) = \nabla^T f(\mathbf{x}) \cdot \mathbf{v} \leq \|\nabla f(\mathbf{x})\|$$

with equality holding *iff*  $\mathbf{v} = k \nabla f(\mathbf{x})$  for some  $k \geq 0$ .

- Since  $\|\mathbf{v}\| = 1$ , equality can hold *iff*  $\mathbf{v} = \frac{\nabla f(\mathbf{x})}{\|\nabla f(\mathbf{x})\|}$ .

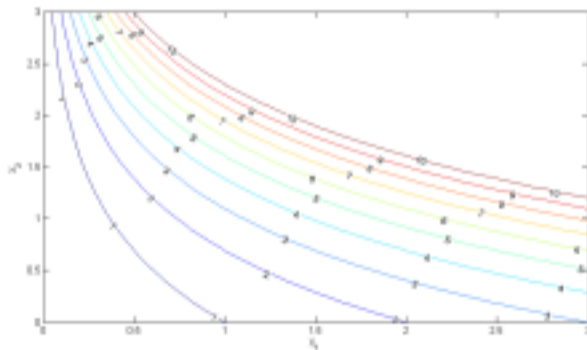
This is L2 norm. H/w: How do you prove the other cases discussed in the class for other choices of norms

## More on the Gradient Vector (contd.)

- Thus, the maximum rate of change of  $f$  at a point  $\mathbf{x}$  is given by the norm  $\|\nabla f(\mathbf{x})\|$  of the gradient vector at  $\mathbf{x}$ .
- And the direction in which the rate of change of  $f$  is maximum is given by the unit vector  $\frac{\nabla f(\mathbf{x})}{\|\nabla f(\mathbf{x})\|}$ .
- An associated fact is that the minimum value of the directional derivative  $D_{\mathbf{v}}f(\mathbf{x})$  is  $-\|\nabla f(\mathbf{x})\|$  and it is attained when  $\mathbf{v}$  has the opposite direction of the gradient vector, *i.e.*,  $-\frac{\nabla f(\mathbf{x})}{\|\nabla f(\mathbf{x})\|}$  using L2 norm
- The method of steepest descent uses this result to iteratively choose a new value of  $\mathbf{x}$  by traversing in the direction of  $-\nabla f(\mathbf{x})$ , especially while minimizing the value of some complex function.

## Visualizing the Gradient Vector

Consider the function  $f(x_1, x_2) = x_1 e^{x_2}$ . The Figure below shows 10 level curves for this function, corresponding to  $f(x_1, x_2) = c$  for  $c = 1, 2, \dots, 10$ .



The idea behind a level curve is that as you change  $x$  along any level curve, the function value remains unchanged, but as you move  $x$  across level curves, the function value changes.

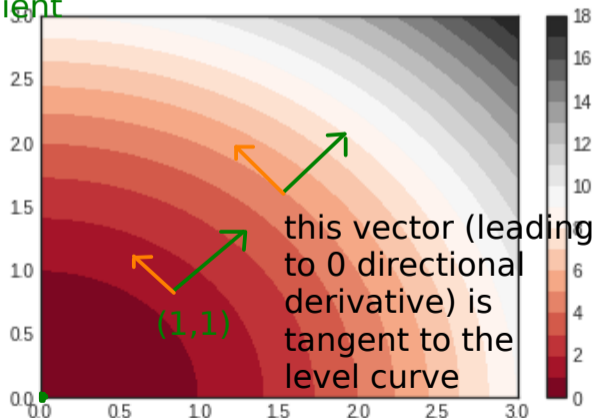


# Vanishing of the Directional Derivative

What if  $D_{\mathbf{v}}f(\mathbf{x})$  turns out to be 0?

Either gradient of  $f$  is 0  
OR  
 $\mathbf{v}$  is orthogonal to the gradient

Level curves for  $x^2 + y^2$



## Vanishing of the Directional Derivative

What if  $D_{\mathbf{v}}f(\mathbf{x})$  turns out to be 0?

We then expect that  $\nabla f(\mathbf{x})$  and  $\mathbf{v}$  are orthogonal.

### Definition

**Level Surface/Set:** The *level surface/set* of  $f(\mathbf{x})$  at  $\mathbf{x}^*$  is

$$\{\mathbf{x} \mid f(\mathbf{x}) = f(\mathbf{x}^*)\} \quad (3)$$

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There is a useful result in this regard.

### Claim

Let  $f: \mathcal{D} \rightarrow \mathbb{R}$  with  $\mathcal{D} \in \mathbb{R}^n$  be a differentiable function. The gradient  $\nabla f$  evaluated at  $\mathbf{x}^*$  is orthogonal to the tangent hyperplane (tangent line in case  $n = 2$ ) to the level surface of  $f$  passing through  $\mathbf{x}^*$ .

## Vanishing of the Directional Derivative & Level Surfaces: Proof

*Proof:* Let  $\mathcal{K}$  be the range of  $f$  and let  $k \in \mathcal{K}$  such that  $f(\mathbf{x}^*) = k$ .

- Consider the level surface  $f(\mathbf{x}) = k$ . Let  $\mathbf{r}(t) = [x_1(t), x_2(t), \dots, x_n(t)]$  be a curve on the level surface, parametrized by  $t \in \mathfrak{R}$ , with  $\mathbf{r}(0) = \mathbf{x}^*$ .
- Then,  $f(x(t), y(t), z(t)) = k$ . Applying the chain rule

$$\frac{df(\mathbf{r}(t))}{dt} = \sum_{i=1}^n \frac{\partial f}{\partial x_i} \frac{dx_i(t)}{dt} = \nabla^T f(\mathbf{x}(t)) \frac{d\mathbf{r}(t)}{dt} = 0$$

- For  $t = 0$ , the equations become

$$\nabla^T f(\mathbf{x}^*) \frac{d\mathbf{r}(0)}{dt} = 0$$

- Now,  $\frac{d\mathbf{r}(t)}{dt}$  represents any tangent vector to the curve through  $\mathbf{r}(t)$  which lies completely on the level surface.

## Vanishing of the Directional Derivative & Level Surfaces: Proof

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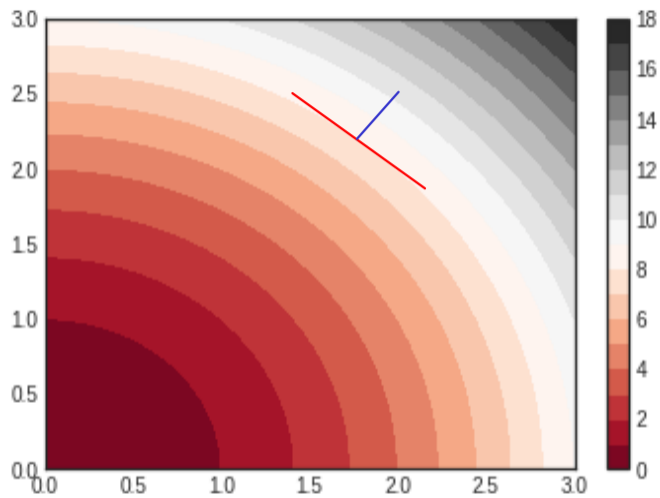
- That is, the tangent line to any curve at  $\mathbf{x}^*$  on the level surface containing  $\mathbf{x}^*$ , is orthogonal to  $\nabla f(\mathbf{x}^*)$ .
- Since the tangent hyperplane to a surface at any point is the hyperplane containing all tangent vectors to curves on the surface passing through the point, the gradient  $\nabla f(\mathbf{x}^*)$  is perpendicular to the tangent hyperplane to the level surface passing through that point  $\mathbf{x}^*$ .
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- The equation of the tangent hyperplane is given by  $(\mathbf{x} - \mathbf{x}^*)^T \nabla f(\mathbf{x}^*) = 0$

This dot product will appear in definition of convexity, quasi-convexity, ....



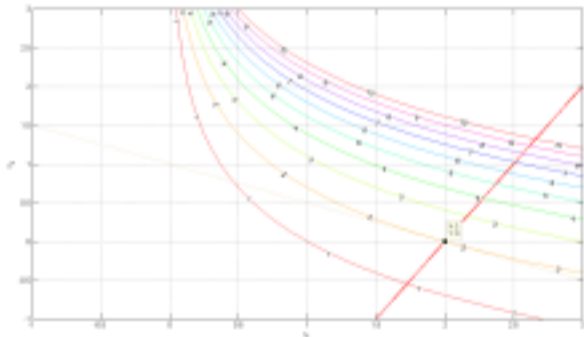
## Level Surface based Interpretation of Gradient

- Recall that the normal to a plane can be found by taking the cross product of any two vectors lying within the plane. Thus, the gradient vector  $\nabla f(\mathbf{x}^*)$  at any point  $\mathbf{x}^*$  on the level surface of a function  $f(\cdot)$  is **normal to the tangent hyperplane (or tangent line in the case of two variables) to the surface at the same point.**
- The same gradient vector  $\nabla f(\mathbf{x}^*)$  at a point  $\mathbf{x}^*$  can also be conveniently computed as the **vector of partial derivatives of the function at that point.**
- We will illustrate this geometric understanding through some examples.



## Level Surface based Interpretation of Gradient: Examples

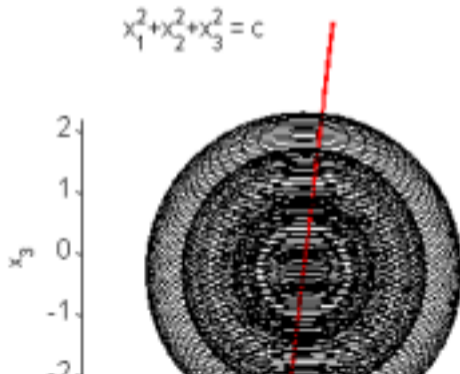
- Consider the same plot as earlier with a gradient vector at  $(2, 0)$  as shown below. The gradient vector  $[1, 2]^T$  is perpendicular to the tangent hyperplane to the level curve  $x_1 e^{x_2} = 2$  at  $(2, 0)$ . The equation of the tangent hyperplane is  $(x_1 - 2) + 2(x_2 - 0) = 0$  and it turns out to be a tangent line.



## Level Surface based Interpretation of Gradient: Examples

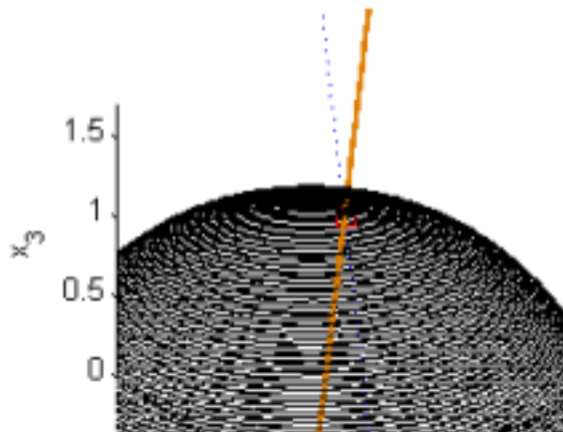
The level surfaces for  $f(x_1, x_2, x_3) = x_1^2 + x_2^2 + x_3^2$  are shown in the Figure below. The gradient at  $(1, 1, 1)$  is orthogonal to the tangent hyperplane to the level surface

$f(x_1, x_2, x_3) = x_1^2 + x_2^2 + x_3^2 = 3$  at  $(1, 1, 1)$ . The gradient vector at  $(1, 1, 1)$  is  $[2, 2, 2]^T$  and the tangent hyperplane has the equation  $2(x_1 - 1) + 2(x_2 - 1) + 2(x_3 - 1) = 0$ , which is a plane in  $3D$ .



## Level Surface based Interpretation of Gradient: Examples

On the other hand, the dotted line in the Figure below is not orthogonal to the level surface, since it does not coincide with the gradient.



## Level Surface based Interpretation of Gradient: Examples

Determine the equations of

- (a) the tangent plane to the paraboloid  $\mathcal{P} : x_1 = x_2^2 + x_3^2 + 2$  at  $(-1, 1, 0)$  and
- (b) the normal line to the tangent plane.

# Gradient and Convex Functions?

- How do we understand the behaviour of gradients for convex functions?
- While we have a lot to see in the coming sessions, here is a small peek through *sub-level sets* of a convex function

## Definition

**[Sublevel Sets]:** Let  $\mathcal{D} \subseteq \mathfrak{R}^n$  be a nonempty set and  $f: \mathcal{D} \rightarrow \mathfrak{R}$ . The set

$$L_\alpha(f) = \{\mathbf{x} | \mathbf{x} \in \mathcal{D}, f(\mathbf{x}) \leq \alpha\}$$

is called the  $\alpha$ -sub-level set of  $f$ .

Now if a function  $f$  is convex,

will the sublevel set be necessarily a convex set?

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Now if a function  $f$  is convex, its  $\alpha$ -sub-level set is a convex set.

## Convex Function $\Rightarrow$ Convex Sub-level sets

### Theorem

Let  $\mathcal{D} \subseteq \mathbb{R}^n$  be a nonempty convex set, and  $f: \mathcal{D} \rightarrow \mathbb{R}$  be a convex function. Then  $L_\alpha(f)$  is a convex set for any  $\alpha \in \mathbb{R}$ .

*Proof:* Consider  $\mathbf{x}_1, \mathbf{x}_2 \in L_\alpha(f)$ . Then by definition of the level set,  $\mathbf{x}_1, \mathbf{x}_2 \in \mathcal{D}$ ,  $f(\mathbf{x}_1) \leq \alpha$  and  $f(\mathbf{x}_2) \leq \alpha$ . From convexity of  $\mathcal{D}$  it follows that for all  $\theta \in (0, 1)$ ,  $\mathbf{x} = \theta\mathbf{x}_1 + (1 - \theta)\mathbf{x}_2 \in \mathcal{D}$ .

Moreover, since  $f$  is also convex,

$$f(\mathbf{x}) \leq \theta f(\mathbf{x}_1) + (1 - \theta)f(\mathbf{x}_2) \leq \theta\alpha + (1 - \theta)\alpha = \alpha$$

which implies that  $\mathbf{x} \in L_\alpha(f)$ . Thus,  $L_\alpha(f)$  is a convex set. □

The converse of this theorem does not hold. To illustrate this, consider the function  $f(\mathbf{x}) = \frac{x_2}{1+2x_1^2}$ . The 0-sublevel set of this function is  $\{(x_1, x_2) \mid x_2 \leq 0\}$ , which is convex.

However, the function  $f(\mathbf{x})$  itself is not convex.