Pure enjoyment is when one is free from guilt

Guilt is: **not** doing what is expected of you:

from your parents, near ones, teachers, peers, taxpayers, And yourself

Do what you got to do

College days are the discovery times You discover/create YOURSELF during this time

- Do the most challenging: push to the limit
- Develop intellect by performing complex and abstract exercises
- Complex jobs need complex skills
- You can become too old for learning skills

Academics is one such readily set exercise.

Additionally one and may be two extra/co-curriculars.

You are as good as you think you are

conferred greatness does not override self-assessment: it may sometimes save you from self-delusion

Prove to yourselves that you are good: By <u>not</u> doing any thing badly:

tasks you like to do and those you have to do

Every time you do some task badly your self-image goes down: sub-conscious cannot be cheated by excuses

Indulging in mediocre jobs can result in mediocrity

Life is all about problem solving

in a manner of speaking

analyze problem AND synthesize solution

Scholarship vs Creativity

Skills, information, experience vs exposure, variety, passion

Expectation, anxiety, stress



Satisfaction, pleasure, peace

Not doing **good** academics?

